

MMI Pre-School Menu

Date	2-Feb-15	3-Feb-15	4-Feb-15	5-Feb-15	6-Feb-15
SNACK	Pita and humus	Yogurt	Vegetables stick	Rice cake	Waffles
LUNCH	Yakisoba banana	Fried Chicken and sticky Rice Pineapple	Stir Fried Noodles Watermelon	Sweet and Sour Fish and Rice Apple	Tomato and carrot soup Melon
Date	9-Feb-15	10-Feb-15	11-Feb-15	12-Feb-15	13-Feb-15
SNACK	Tuna sandwich	Boiled egg	Springrolls	Pancake	Cheese Sandwich
LUNCH	Tofu and Chicken Soup with Rice Papaya	American Fried rice Banana	Macaroni Salad Guava	Rice , vegetables and omelette cantaloupe	Rice Porridge Orange
Date	16-Feb-15	17-Feb-15	18-Feb-15	19-Feb-15	20-Feb-15
SNACK	Sushi Tuna	French Toast	Fruit Salad	Banana Pancake	Yogurt
LUNCH	Mash Potato and chicken meat balls Mango	Rice and Frittata Watermelon	Yellow noodle soup/Chicken Apple	Potato chicken curry Melon	Curly pasta with broccoli and cream sauce Pear
Date					
SNACK	No School - Mid Term Break				
LUNCH					

**The menu is subject to change without prior notice (as its depends on the availability of fresh ingredients)*

No MSG are use in the cooking of the food at MMI Pre-School